common misconceptions about bullying. We will challenge the idea that every bad behavior is bullying. By answering the “What, Who and How” questions that often lead to bullying, we will help you understand the realities of what bullying is and isn’t.

From the playground to the workplace, we’re always communicating. Many of the problems we face in both our personal and professional lives are traced back to communication. Join us for an engaging discussion on effective communication and walk away with tips and tools you’ll need to become a better communicator.

We often hear and read about the tragic outcomes of the opioid epidemic, but we rarely engage in the history of users for real. Through a unique lens into the lives of two people significantly impacted by the opioid epidemic, learn more about the realities of opioid dependence, situational awareness, warning signs and much more.

Buying or selling a home is complex and can easily overwhelm. Join us as we navigate the process of buying a house while avoiding costly mistakes. Key takeaway include defining an offer, the effects of the Real Estate Purchase Agreement and raising awareness of your rights and responsibilities as a homeowner.

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